

Protection and support when you need it the most

Learn more by clicking
on the colour wheel





Stroke

What would it mean for you?



1 in 4 strokes happen to people of working age¹ and most commonly affects physical health, bodily functions, and emotional wellbeing.

1.3 million people in the UK have survived a stroke.¹

37% of working age survivors gave up work following their stroke with 7 in 10 (69%) feeling more anxious and depressed.¹



Coronary heart disease

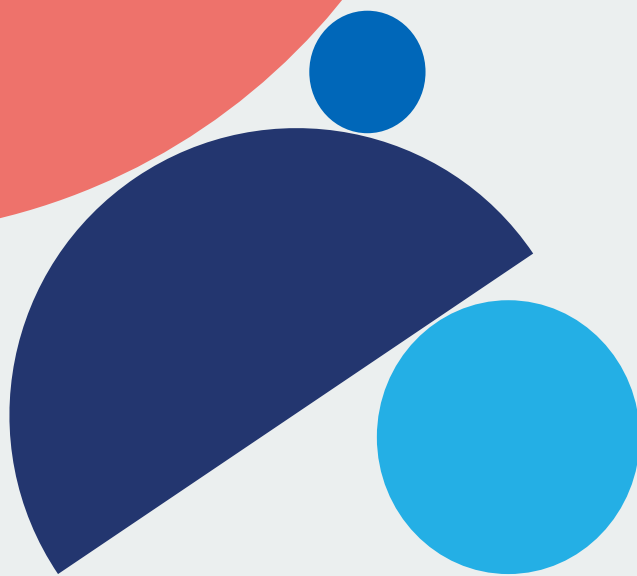
What would it mean for you?



Around 1.4 million people alive in the UK today have survived a heart attack.¹ But you could require surgery or medication to recover fully.

It can be difficult dealing with the aftermath of a heart attack – for both you and your family.

You may want to take some time off, adjust to your new lifestyle, and focus on what matters. This could mean changing your job, going part-time, or seeking regular support.





Cancer

What would it mean for you?



50% of people with cancer will live more than 10 years after diagnosis¹, with ongoing treatment and remission. There may be severe lasting side effects such as pain, sickness, and diet problems.

Cancer can cause major upheaval for you and your family. It's likely you'll need time off work, physical therapy, emotional support, or help at home –
the average cost of having cancer runs to about £570 a month for the majority of patients.³



Mental health

What would it mean for you?



Poor mental health is estimated to carry an **economic and social cost of £105 billion a year in England.**¹

36.8 million working days were lost in the UK due to work-related ill health and non-fatal workplace injuries in 2021/22.²

43.4% of adults believe they have had a diagnosable mental health condition at some point in their lives.²



Multiple sclerosis

What would it mean for you?



130,000 people in the UK are living with MS.¹

MS is a life long condition. At the moment, there is no cure but **there is a wide range of possible treatments which you can discuss with your health professionals.²**

The estimated **cost of living with advanced MS is £36,500 per year.¹**