Facts and figures

Every 5 minutes
someone in the UK has a stroke

100,000 people a year

1.2 million people in the UK have survived a stroke

What would it mean for you?

1 in 4 strokes happen to people of working age. When it happens, it most commonly affects physical health, bodily functions, and emotional wellbeing. 37% of working age survivors gave up work following their stroke. Recovery often begins in the hospital with a team of physiotherapists, psychologists, speech and language therapists, and specialist nurses.

After returning home, you may need ongoing care and support. You may also have to make adjustments to your house, like installing support bars or moving a bedroom downstairs. And if you’re able to return to work, you may struggle with severe fatigue. In fact, three quarters of stroke survivors experienced a change in their mental health.

What you need to know

If a blood clot forms in the body or a blood vessel bursts, blood supply to part of the brain can get cut off. The affected brain cells will begin to die – resulting in a stroke. And a stroke could lead to brain injury, paralysis, or death.

Here’s how Zurich can help

Zurich provides protection and support for you and your family when you need it the most. When you call to make a claim, you’ll get a dedicated claims specialist who’ll listen to what’s going on, look to pay your claim as quickly as possible, and see you through the whole journey.

We also give you access to Zurich Support Services, an independent team of counsellors and advisers who are available 24 hours a day, seven days a week.

You can call them at any time of the day or night, about anything that’s on your mind. And your family can call for support, as well.

2018 claims

The facts:

8% of critical illness claims we paid to our customers were due to stroke.

We paid out 96% of all protection claims.